

# Somatic Intuitive Healing

Service Agreement | Informed Consent | Policy Disclosure  
With Jessica Garay & Practitioners at Moon Vibe Sanctuary, LLC

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Welcome! I am honored and grateful for the opportunity to join you in your healing journey. I look forward to supporting you in moving closer towards a more healthful and connected you. Please read the following information about the services provided by Moon Vibe Sanctuary and Jessica Garay.

**Please indicate that you have read, understood, and agree to all aspects of this form by signing at the bottom.**

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## **Description of Services**

Somatic Intuitive Healing (SIH) is an intuitive healing modality that incorporates energetic systems, expanded consciousness meditation, nervous system regulation practices and movements, and emotional regulation & release practices. This service is designed to facilitate personal insights, awareness, and healing and to develop intentions for personal growth and transformation. There is a co-creative process between the practitioner and client to shape how those intentions are explored in session.

All sessions are conducted in a professional manner and in a professional healing environment. Sessions may include movement or be facilitated on a massage table. Clients are always fully clothed and all touch is designed for the intent of client's awareness, education, and healing. Touch is not given to manipulate muscles or body tissues such as in massage. Touch is used as a tool to help support the unique goals of a client's session in bringing insight and awareness to their body, emotions, or nervous system.

Somatic Intuitive Healing is not a replacement for medical or mental health treatment. Somatic Intuitive Healing is not considered a practice of medicine. It is a complementary healing modality to allopathic or traditional medicine. Somatic Intuitive Healing is not a licensed healing practice in the state of Oregon or in any state currently. Should licensure ever become available or required, all service providers will comply with licensing requirements and obtain licensing and/or exemptions.

Somatic Intuitive Healing involves working with the body to help support emotional, energetic, spiritual, and nervous system health. Touch is involved with Somatic Intuitive Healing. All touch must be consensual and as the client, you are empowered to communicate any changes regarding consent of touch. By signing below you are consenting to the use of touch as part of the healing modality.

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## **Description of Training & Experience**

Jessica Garay has received professional training in the following:

- 2009 - 2020: Advanced Yoga Teacher Trainings in anatomy, meditation, spirituality, yoga therapy, yoga posture alignment and techniques, 1000+ hours
- 2009: RYT-200 hr Certification in Yoga
- 2013: E-RYT 500 hr Certification in Yoga
- 2015: Energy Medicine Professional Mentorship
- 2016: Western Herbalism Training
- 2018: Level 1 - 3 Certification in Reiki
- 2019 & 2021: Biodynamic Cranial Therapy Training 60 hours, Level 1 & 2
- 2019 - 2020: Mind/Body Therapy Professional Mentorship 60 hours
- 2022: Mind/Body Therapy Professional Training Intensive 45 hours

Jessica Garay is currently registered for a 700 hour certification in Biodynamic Cranial Therapy and Cranial Sacral Therapy with expected graduation dates in 2022 & 2023.

Jessica continues mentoring and personal healing with with Deborah Merkle, CRS

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## **Client/Service Provider Agreements**

Jessica Garay, Somatic Intuitive Healing Practitioner (SIH Practitioner or Practitioner) provides services as a member of Moon Vibe Sanctuary LLC (Company) to clients (Client) who receive services.

## **General Principles of Ethics & Standards of Behavior**

Practitioner agrees to maintain the following ethics and standards. The full Code Of Ethics & Standards of Behavior including Confidentiality, Client Relationship, & Personal Healing and Continuing Education for Somatic Intuitive Healing Practitioners can be found at:

[www.moonvibesanctuary.com/code-of-ethics](http://www.moonvibesanctuary.com/code-of-ethics)

- Practitioners hold as the highest priority for their professional activities the health and welfare of their clients, students, and others with whom they become professionally involved. All other statements in this document are elaborations upon this principle.
- Practitioners are committed to a lifelong process of personal development in body, mind, and spirit.
- Practitioners uphold professional standards of conduct and accept appropriate responsibility for their own behavior.
- Practitioners promote accuracy, honesty, and truthfulness in their communications and in the practice, teaching, science, and art of healing.
- Practitioners keep their agreements and avoid unrealistic or unclear commitments.
- Practitioners take reasonable precautions to ensure that their personal biases, the boundaries of their competence, impairments to their health and well-being, and the limitations of their expertise do not negatively impact the services they provide to their clients.
- Practitioners respect the dignity, worth, and uniqueness of all people, and the rights of individuals to privacy, confidentiality, and self-determination.

- Practitioners are committed to give all persons access to and benefit from the contributions of Somatic Intuitive Healing, while retaining the right to maintain their integrity, best judgment, and personal safety at all times.
- Practitioners are aware of, respect, and accommodate individual, cultural, and role differences, including those based on age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, language, representational system, element, and socioeconomic status.
- Practitioners contribute a portion of their professional time for little or no compensation.
- Practitioners demonstrate a personal commitment to acting ethically; modeling ethical behavior, encouraging ethical behavior by students, supervisees, employees, and colleagues; and consulting with others concerning ethical problems.

### **Client agreements**

- Client is solely responsible for creating and implementing their own physical, mental and emotional well-being, decisions, choices, actions and results arising out of or resulting from the services and interactions with the SIH practitioner. As such, the Client agrees that the practitioner is not and will not be liable or responsible for any actions or inaction, or for any direct or indirect result of any services provided by the SIH Practitioner. Client understands that SIH is not therapy and does not substitute for therapy if needed, and does not prevent, cure, or treat any mental disorder or medical disease.
- Client further acknowledges that they may terminate or discontinue services at any time.
- Client acknowledges that SIH is a comprehensive process that may involve different areas of their life including work, finances, health, relationships, education and recreation. The Client agrees that deciding how to handle these issues, incorporate healing principles into those areas and implementing choices is exclusively the Client's responsibility.
- Client acknowledges that SIH does not involve the diagnosis or treatment of mental disorders as defined by the American Psychiatric Association and that SIH is not to be used as a substitute for counseling, psychotherapy, psychoanalysis, mental health care, substance abuse treatment, or other professional advice by legal, medical or other qualified professionals and that it is the Client's exclusive responsibility to seek such independent professional guidance as needed. If Client is currently under the care of a mental health professional, it is recommended that the Client promptly inform the mental health care provider of the nature and extent of SIH services agreed upon by the Client and the Practitioner.
- The Client understands that in order to enhance the healing relationship, the Client agrees to communicate honestly, be open to feedback and assistance and to create the time and energy to participate fully in their healing.

### **Services & Fees**

- Evaluation of goals and continuation of service is undergone every 6 sessions or at the discretion of the practitioner. Clients may ask for an evaluation at any time.
- Practitioner may assign home practices for client to be completed in between sessions
- Cost of service is \$250/session. Sessions are 1hr30min - 1hr45min
- Limited 1hr sessions are available for \$200

All fees are due at the time of session unless otherwise agreed upon prior to the start of a session. The refund/cancellation policy in effect for all services provided is as follows: Client agrees to cancel any appointments with as much notice as possible but with a minimum of 48 hours before your scheduled appointment time. If a client cancels less than 48 hours, they will be charged full price for the appointment. Your appointment will be honored up to 15 minutes after the appointment time. After 15 minutes, your appointment will be canceled and the above policy applies. No shows are charged full price for the appointment with no exceptions. It is the client's responsibility to keep track of their appointment schedules.

#### **Limited Liability**

- Except as expressly provided in this Agreement, the Practitioner and Company make no guarantees, representations or warranties of any kind or nature, express or implied with respect to the services negotiated, agreed upon and rendered.
- In no event shall the Practitioner or Company be liable to the Client for any indirect, consequential or special damages. Notwithstanding any damages that the Client may incur, the Practitioner's or Company's entire liability under this Agreement, and the Client's exclusive remedy, shall be limited to the amount actually paid by the Client to the Company under this Agreement for all services rendered through and including the termination date.

#### **Entire Agreement:**

This document reflects the entire agreement between the Practitioner, Company and the Client, and reflects a complete understanding of the parties with respect to the subject matter. This Agreement supersedes all prior written and oral representations. The Agreement may not be amended, altered or supplemented except in writing signed by both the Practitioner and the Client.

#### **Dispute Resolution:**

If a dispute arises out of this Agreement that cannot be resolved by mutual consent, the Client and Practitioner agree to attempt to mediate in good faith for up to 90 days after notice given. If the dispute is not so resolved, and in the event of legal action, the prevailing party shall be entitled to recover attorney's fees and court costs from the other party.

#### **Severability:**

If any provision of this Agreement shall be held to be invalid or unenforceable for any reason, the remaining provisions shall continue to be valid and enforceable. If the Court finds that any

provision of this Agreement is invalid or unenforceable, but that by limiting such provision it would become valid and enforceable, then such provision shall be deemed to be written, construed, and enforced as so limited.

**Waiver:**

The failure of either party to enforce any provision of this Agreement shall not be construed as a waiver or limitation of that party's right to subsequently enforce and compel strict compliance with every provision of this Agreement.

**Applicable Law:**

This Agreement shall be governed and construed in accordance with the laws of the State of Oregon, without giving effect to any conflicts of laws provisions.

**Binding Effect:**

This Agreement shall be binding upon the parties hereto and their respective successors and permissible assigns.

COMPANY/PRACTITIONER	CLIENT
Jessica Garay, Practitioner Moon Vibe Sanctuary, LLC	Name:
Signature:	Signature
Date:	Date: